

Eucharistic Prayer F

The Lord is here. **His Spirit is with us.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right, it is our duty and our joy,
at all times and in all places to give you thanks and praise,
holy Father, heavenly King, almighty and eternal God,
through Jesus Christ your Son our Lord.

For he is your living Word; through him you have created all things
from the beginning, and formed us in your own image.

To you be glory and praise for ever.

Through him you have freed us from the slavery of sin,
giving him to be born of a woman and to die upon the cross;
you raised him from the dead
and exalted him to your right hand on high.

To you be glory and praise for ever.

Through him you have sent upon us your holy and life-giving Spirit,
and made us a people for your own possession.

To you be glory and praise for ever.

Therefore with angels and archangels, and with all the company of
heaven, we proclaim your great and glorious name,
for ever praising you and *saying*:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

**Hosanna in the highest. Blessed is he who comes in the
name of the Lord. Hosanna in the highest.**

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

To you be glory and praise for ever.

In the same way, after supper he took the cup and gave you
thanks; he gave it to them, saying: Drink this, all of you;
this is my blood of the new covenant, which is shed for you and for
many for the forgiveness of sins. Do this, as often as you drink it,
in remembrance of me.

To you be glory and praise for ever.

Therefore, heavenly Father, we remember his offering of himself
made once for all upon the cross; we proclaim his mighty
resurrection and glorious ascension; we look for the coming of your
kingdom, and with this bread and this cup
we make the memorial of Christ your Son our Lord.

One of these four acclamations is used

[Great is the mystery of faith:]

Christ has died: Christ is risen: Christ will come again.

(or)

[Praise to you, Lord Jesus:]

**Dying you destroyed our death, rising you restored our life:
Lord Jesus, come in glory.**

(or)

[Christ is the bread of life:]

**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus, until you come in glory.**

(or)

[Jesus Christ is Lord:]

**Lord, by your cross and resurrection you have set us free.
You are the Saviour of the world.**

Accept through him, our great high priest, this our sacrifice of
thanks and praise, and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit, inspire us with your love
and unite us in the body of your Son, Jesus Christ our Lord.

To you be glory and praise for ever.

Through him, and with him, and in him,
in the unity of the Holy Spirit, with all who stand before you in
earth and heaven, we worship you, Father almighty,
in songs of everlasting praise:

**Blessing and honour and glory and power be yours for ever
and ever. Amen.**