



The Benefice of
St. Withburga, Holkham, All Saints, Warham,
St Nicholas, Wells-next-the-Sea and All Saints, Wighton

5th July 2020
4th Sunday after Trinity (Proper 9)

Services this week

Today	9.30am	Holy Communion at St Withburga, Holkham
	11am	Worship for All live streamed from the Rectory on YouTube
	6.30pm	Taize Worship via Zoom
Wednesday	10am	Holy Communion live streamed from the Rectory on YouTube

YouTube link: <https://www.youtube.com/channel/UCCbV-ISQ1HQ1jZvnESfrY2A/>
Please email Rev Brenda if you need the Zoom access details.

Attending Church Services

If you can, please print off or download to a device the order of service and pew sheet and bring them with you. They will be attached to Rev Brenda's e-mail or can be downloaded from the website <http://www.stnicholaswells.co.uk>
Please use sanitiser as you enter church and observe social distancing.

Please sit on the central nave benches only.

Do not touch at the peace other than within your family group.

At Communion:

Form a socially distanced queue. Rev Brenda will drop a wafer into your hand. You will not receive wine. Return to your seat via the side aisle.

Leave church as directed and if you wish to chat please move outside the building.

There will be an offertory plate near the door into which money can be dropped.

Use hand sanitiser again as you leave.

Next Sunday

9.30am	Holy Communion at All Saints, Wighton
11am	Holy Communion live Streamed on YouTube
6.30pm	Evening Prayer on Zoom

St Nicholas, Wells-next-the-sea is open daily 10am - 4pm and both All Saints, Warham and All Saints, Wighton will be open on Sundays 10am - 6pm

Wells PCC meeting on Tuesday 14th July 7pm on Zoom. Rev Brenda will email invite link to those who need it.

Rector

The Revd. Brenda Stewart **01328 710628.**
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Churchwardens:

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Website: www.stnicholaswells.co.uk

YouTube link:

<https://www.youtube.com/channel/UCCbV-ISQ1HQ1jZvnESfrY2A/>

Our Prayers

In our benefice this week we pray especially: -

- for those who need our prayers: - Ralph Anthony, Joan Price, Amanda Newton, John Crook, Paul Bishop, Mercedes Edwards, Brian Barker, Gill Smith and Jane Savory.

- for those who have died recently: -Mary Lansley, Sue Jenkins, Amy Lowry, Kathleen Cooke and Brian Young.

- for those who died at this time in years past: - Stanley Golden, Thomas McNally and Joseph Chapman.

Funerals:-

Kathleen Cooke on Tuesday 7th July 2pm at Wells Cemetery
Mary Lansley on Thursday 9th July, 3pm at Cromer Crematorium
Amy Lowry on Friday 10th July, 1pm at Wells Cemetery
- Amy's family would be delighted if friends and neighbours would like to attend. Please observe social distancing.
Sue Jenkins on Friday 17th July, 2pm at Cromer Crematorium

Wells Churches collect for the Food bank. At the moment items are to be taken to the Co-op. Currenly they are in need of tinned goods and NO PASTA!!

Thank you



Traidcraft - Items can be ordered from Peter and Mary Cundy:- petmaryc@waitrose.com or phone 01328 710643, or from Kate. Your order can be delivered to you.

You can find out what items are available by looking at the website :- www.traidcraftshop.co.uk Please support Traidcraft if you can. Thank you



Today's readings

The Collect

O God, the protector of all who trust in you,
without whom nothing is strong, nothing is holy:
increase and multiply upon us your mercy;
that with you as our ruler and guide
we may so pass through things temporal
that we lose not our hold on things eternal;
grant this, heavenly Father,
for our Lord Jesus Christ's sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Old Testament Reading

Zechariah 9.9-12

Rejoice greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!
Lo, your king comes to you;
triumphant and victorious is he,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will cut off the chariot from Ephraim
and the warhorse from Jerusalem;
and the battle-bow shall be cut off,
and he shall command peace to the nations;
his dominion shall be from sea to sea,
and from the River to the ends of the earth.
As for you also, because of the blood of my covenant with
you,
I will set your prisoners free from the waterless pit.
Return to your stronghold, O prisoners of hope;
today I declare that I will restore to you double.

New Testament Reading

Romans 7.15-25a

I do not understand my own actions. For I do not do what I
want, but I do the very thing I hate. Now if I do what I do not
want, I agree that the law is good. But in fact it is no longer I
that do it, but sin that dwells within me. For I know that
nothing good dwells within me, that is, in my flesh. I can will
what is right, but I cannot do it. For I do not do the good I
want, but the evil I do not want is what I do. Now if I do what I

do not want, it is no longer I that do it, but sin that dwells
within me.

So I find it to be a law that when I want to do what is good,
evil lies close at hand. For I delight in the law of God in my
inmost self, but I see in my members another law at war with
the law of my mind, making me captive to the law of sin that
dwells in my members. Wretched man that I am! Who will
rescue me from this body of death? Thanks be to God
through Jesus Christ our Lord!

The Gospel Matthew 11.16-19,25-30

At that time Jesus said,
'To what will I compare this generation? It is like children
sitting in the market-places and calling to one another,
"We played the flute for you, and you did not dance;
we wailed, and you did not mourn."
For John came neither eating nor drinking, and they say, "He
has a demon"; the Son of Man came eating and drinking, and
they say, "Look, a glutton and a drunkard, a friend of tax-
collectors and sinners!" Yet wisdom is vindicated by her
deeds.'
'I thank you, Father, Lord of heaven and earth, because you
have hidden these things from the wise and the intelligent
and have revealed them to infants; yes, Father, for such was
your gracious will. All things have been handed over to me by
my Father; and no one knows the Son except the Father, and
no one knows the Father except the Son and anyone to
whom the Son chooses to reveal him.
'Come to me, all you that are weary and are carrying heavy
burdens, and I will give you rest. Take my yoke upon you,
and learn from me; for I am gentle and humble in heart, and
you will find rest for your souls. For my yoke is easy, and my
burden is light.'

Post Communion

Eternal God,
comfort of the afflicted and healer of the broken,
you have fed us at the table of life and hope:
teach us the ways of gentleness and peace,
that all the world may acknowledge
the kingdom of your Son Jesus Christ our Lord.

Overseas Missions

USPG:- Sri Lanka: The first anniversary of the terrible Easter Sunday bombings in Sri Lanka has been overshadowed by COVID-19. This day of horror for the small Christian community here and for visitors to our country also became a powerful occasion of witness by the Christian community to the Gospel values of forgiveness, non-violence, and peace. It was also the victim Church that reached out to the Muslim community in love, to the wonderment of other faith groups.

Heavenly Father, we pray for the Christian Church in Sri Lanka,
at times the target of hostility and violence. We also pray for understanding and goodwill towards Sri Lanka's Muslim community, which
is often stigmatised and targeted.

Mission to Seafarers:- We pray for the seafarers who find themselves trapped on board their vessel, away from their families and friends for so long. They are not allowed to disembark and anxiety is high, sometimes leading to self-harming. In ports, we pray for the chaplains who continue to visit ships, albeit with social distancing restrictions, often only allowed on gangways.

" Heritage House is providing a Hot Lunch Service delivered to anyone who otherwise would find it difficult cooking their own main meal. The two-course lunch costs £7 and can be ordered by ringing 01328 711333. Special dietary needs and any special assistance can be catered for. If you know of anyone who could benefit from this service,